

Human Assistance Foundation – Charitable Work Timeline

Regular Weekly Charitable Camps

Human Assistance Foundation conducts weekly charitable medical camps at:

- 1. Kapoorthala, Lucknow – Every Sunday**
- 2. Dewa, Barabanki – Every Saturday**
- 3. Atu Turah – Every Tuesday**

Services Provided: Free BP & Sugar check-ups, doctor consultations & medicines, 50% off diagnostic tests, Yoga & diet counseling, minimal-cost dialysis, and soon free dental & eye checkups

- World Kidney Day – 24 Hours Non-Stop Free Medical Camp in Lucknow on 12th March 2026, attended by Cabinet Minister Shri Chaudhary Laxmi Narayan Singh as Chief Guest. Organized by Dr. Lubna Kamal and team from Nano Homeopathy Institute of Research & Welfare in collaboration with Human Assistance Foundation.**
- World Kidney Day – 24 Hours Non-Stop Kidney Health Awareness, Counselling & Free Screening Program at Charbagh Railway Station, Lucknow on 12th March 2026 (from 10:00 PM on 11th March to 12:00 Midnight, 12th March), organized by Nano Homeopathy Institute of Research & Welfare in collaboration with Human Assistance Foundation; LIVE telecast on social media.**

- **Free Medical Camp at Gurudwara, Lucknow on 25–26th January 2026 with free consultations, BP & sugar check-ups, medicines, and basic diagnostic tests.**
- **Inaugurated our first Charitable Clinic, “Nano Homeopathy Charitable Clinic” dedicated to serving underprivileged patients with free consultations, medicines, screenings and diagnostic tests at maximum discount at Katra Abuturab Khan Lucknow on 23rd March 2025.**
- **Human Assistance Foundation and Nano Homeopathy Institute of Research & Welfare organized a free Medical Camp at Prem Niwas (an old-age home operated by the Missionaries of Charity) on the occasion of World Kidney Day. The camp included a Yoga Session, free Blood Pressure and Blood Sugar screening, and complementary diagnostic tests on March 13, 2025.**
- **Human Assistance Foundation and Nano Homeopathy Institute of Research & Welfare organized a free Medical Camp at Yahiyaganj Gurudwara on 09-03-2025.**
- **Second Charitable Clinic by Human Assistance Foundation & Nano Homeopathy Charitable Clinics on 25th May 2025 at Kapoorthala, Lucknow with free BP & Sugar check-ups, doctor consultations & medicines, 50% off diagnostic tests, Yoga & diet counseling, minimal-cost dialysis, and soon free dental & eye checkups.**
- **Free Medical Camp by Human Assistance Foundation at Eidgah Thana, Chinhat, Lucknow during Urs Shareef on 1st June 2025 with free health check-ups, consultations & medicines, serving hundreds with compassion and dignity.**
- **“Weight Will Cost You!” Health Campaign by Dainik Jagran & Prayag Aarogyam Kendra during Urs of Shah Helwan Baba on 2nd June 2025 with free yoga sessions, 50% off pathology tests, fitness guidance, and awareness on healthy lifestyle & obesity management.**

- **Free Medical Camp by Human Assistance Foundation at Ganesh Utsav Pandaal, Dubagga on 29-08-2025.**
- **Free check-up camp and distribution of Dengue preventive medicines at BMC, Lucknow on 19th October 2025.**
- **Free check-up camp and distribution of Dengue preventive medicines at Emerald Academy, Lucknow on 19th October 2025.**
- **Free check-up camp and distribution of Dengue preventive medicines at Fine Medical, Nirala Nagar, Lucknow on 19th October 2025.**
- **Free Medical Camp at Nadwa College, Lucknow on 29th October 2025: Included free consultations, basic diagnostic tests, and distribution of medicines.**
- **Free Medical Camp by Human Assistance Foundation at PAC Mahanagar, Lucknow on Tuesday, 14-10-2025.**
- **On the occasion of 12 Rabiul Awwal, the Association of Integrated Medicine in Turia Ganj area organized a free medical camp under Khala Bazar police station of the capital, Lucknow, on 17 September 2024.**
- **Human Assistance Foundation, Nano Homeopathy Institute of Research & Welfare, and Meera Shah Welfare Society organized an All Faith Yoga Camp at Masjid Chinhat, Lucknow on 21st June 2024.**
- **Human Assistance Foundation, Nano Homeopathy Institute of Research & Welfare organized a three-day free Medical Camp at Hazrat Meera Shah Dargah Chinhat, Lucknow on 7th, 8th and 9th June 2024 .**
- **Human Assistance Foundation, Nano Homeopathy Institute of Research & Welfare organized a free Medical Camp at Azakhana Bargahe Sakeena, Lucknow on 26 January 2024.**

- **Human Assistance Foundation, Nano Homeopathy Institute of Research & Welfare & Bol India jointly organized a workshop on Renal Failure & Free Medical Camp at Faiz-e-Aam College Nagla Mevati, Taj Nagri Phase 2, Agra on 2nd September 2023.**
- **Invited & participated in Bhagidari Sahitya Utsav at Bhagidari Bhawan Lucknow on 30 July 2023.**
- **Camp to create awareness about control of BP, Blood Sugar, and prevention of Renal Failure and other non-communicable Diseases at Khwaja Moinuddin Chishti R.A. Dargah, Ajmer on 24 June 2023.**
- **Carried out a 15 days' Renal awareness Rath Yatra on World Kidney Day 2023, inaugurated by AYUSH Minister and concluded by Dy. Chief Minister of Uttar Pradesh. Lot of ministers, IAS officers, social workers, politicians, etc. participated in the 15-day Rath Yatra where more than 4000 patients were given free consultation and 2000 people were screened for Renal profile, free of cost.**
- **Invitation to Mayan Mahotsav -A Rural-Urban Confluence on 5th Feb 2023 in Itaunja Lucknow**
- **Under “Celebrate with me” campaign initiated by Human Assistance Foundation, celebrated birthday of Dr Sugandha Srivastava with orphans at Sri Ram Audhyogik Anathalay, Aliganj Lucknow on 5 Feb 2023.**
- **Counseling at Badlaav Shelter House Aishbagh, Lucknow on 20 Jan 2023.**
- **Follow-up Camp at Badlaav Shelter House Aishbagh, Lucknow on 5 Jan 2023 and free spectacle distribution.**
- **Blanket distribution, free eye checkup, medical camp, Yoga camp, counseling of girls who ran away from homes by Human Assistance Foundation, on 29 Dec 2022 at Aashirvaad Trust Lucknow.**

- **Organised Yoga & Medical Camp, Free Medicine Distribution, Eye Check-up at Badlaav Shelter House Aishbagh, Lucknow on 25 Dec 2022.**
- **Blanket distribution, Free eye check-up, Medical Camp, Yoga Camp for orphans by Human Assistance Foundation, on 18th Dec 2022 at Sri Ram Audhyogik Anathalay, Lucknow.**

- **A Free Health checkup camp and free medicine distribution, along with woollens and blankets, were carried out at Sriram Anathalay Aliganj on 18th Dec 2022.**
- **Blanket and warmer distribution, free eye checkup, spectacle distribution, medical camp & Yoga camp by Human Assistance Foundation, and AIPEIF on 29 Nov 2022 at Purush Karagar, Lucknow.**
- **Under “Celebrate with me” campaign initiated by the Human Assistance Foundation, celebrated birthday of Dr Sugandha Srivastava with orphans at Sri Ram Audhyogik Anathalay, Aliganj Lucknow on 22 Nov 2022.**
- **Organised various health camps to create awareness and free distribution of Preventive medicines for COVID-19 during and after the second wave since 2021.**
- **Have been conducting health camps for awareness and prevention of Hypertension, Diabetes, and Renal Failure since July 2007.**
- **Free spectacles, blankets, and warmers were distributed to male inmates of Lucknow Jail on 7th Dec 2022 in a Camp organized by All India Payamay Insaniyat Forum & Human Assistance Foundation.**
- **Blanket and warmer distribution, free eye check-up and spectacle distribution, medical camp, Yoga camp by Human Assistance Foundation, and AIPEIF on 29 Nov 2022 at Mahila Karagar, Lucknow.**
- **Free Diabetes Screening Camp on World Diabetes Day organized jointly by Directorate Homeopathy and Nano Homeopathy at Indira Bhawan, Lucknow on 14 Nov 2022.**